BEING THE HEALTHIEST COMPANY ON THE PLANET:

THE VALUE OF A MULTIDISCIPLINARY WORKPLACE CLINIC

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BARRIERS TO CARE

Cost

Time

Transportation

Providers
TREK BICYCLE CORPORATION’S INTEGRATIVE HEALTH CENTER

The Healthiest Company on the Planet
INTEGRATIVE HEALTH CENTER SERVICES

Providers available at no cost:
- Family Nurse Practitioner
- Athletic Trainer
- Registered Dietician
- Psychotherapist

Services at no cost:
Office visits:
- Primary care, chronic disease, urgent
- Pre-travel planning
- Skin lesion removals
- Laceration repair
- Allergy injections
- Lab work
- Vaccinations
- Electrocardiograms
- Pulmonary Function Testing

Copay or fee-based services:
- Chiropractor
- Acupuncturist
- Massage Therapist
- Medication Dispensing
Most frequently utilized services of the Family Nurse Practitioner:

- Acute illness or injury
- Chronic disease management
- Preventative health.
BENEFITS OF INTEGRATIVE HEALTH CENTER

Cost Savings

• Trek saved over $200,000 average net annual savings in cost of care for services provided on-site

• Health Insurance premiums have not increased in price in 4 years

• Less employee time missed

Health of Employees

• Improved chronic disease management

• Timely management of acute issues

• Ability to follow patients closely

• Early intervention for health risks

• Access to integrative care
2017 Survey of U.S. Medical Workplace Clinics:

- 33% of companies with 5,000+ employees had a workplace clinic
- 16% of companies with 500-4,999 employees had a workplace clinic
- 68% of these staffed by a Nurse Practitioner
- 18% offered mental health services

(Mercer, 2018)
Cost Savings:

• Work place visits 42% the cost of community visits  (Turner, 2010)

• Saving $1.00 for every $0.15 spent in workplace clinic  (Turner, 2010)

• Saving $6.69 for every $1.00 spent on care in the workplace clinic  (Fox & McCorkle, 2018)

• Saving $2.23 in saved sick time per $1.00 spent on care in workplace clinic  (Baicker, Cutler & Song, 2010)

Time Savings:

• Average of approx. 3 more productive on the job hours for workplace visits  (Shahly, Kessler & Duncan, 2014)

Employee Satisfaction:

• 95% of employees would recommend their workplace clinic to coworkers

• 96% of employees would return to the workplace clinic  (Conover et al, 2015)


