

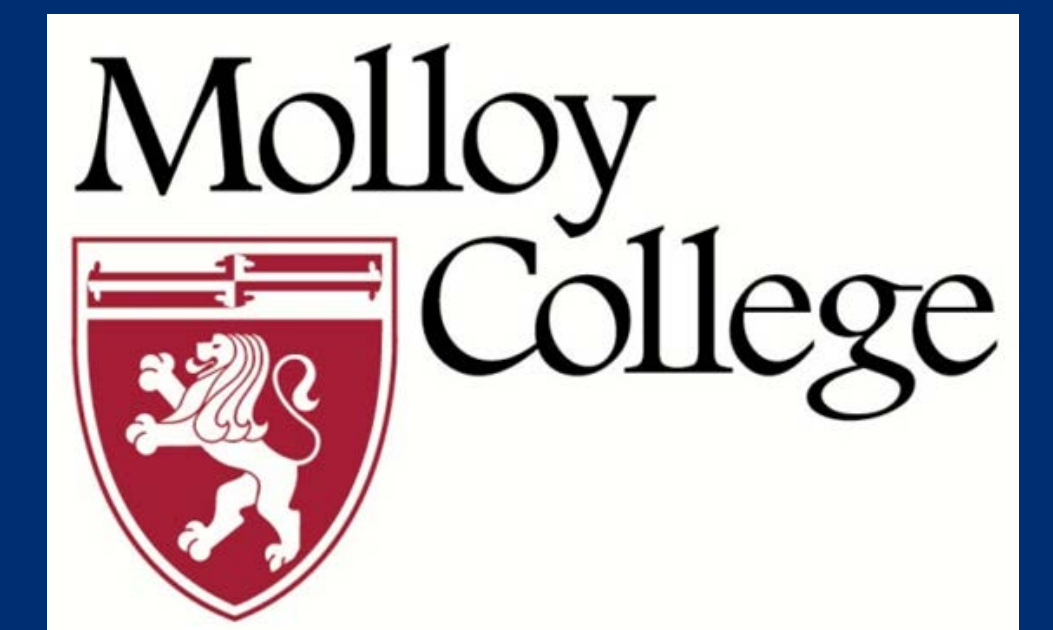


Beyond Red Dresses and Bikini Medicine

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BACKGROUND/SIGNIFICANCE

- Despite advances, CVD remains the number one killer of women
- Risk factor assessment and treatment in women is suboptimal
- Premature mortality from CVD is increasing in US women less than 50 years of age
- When the medical community refers to women's health issues, the continued focus is on Bikini Boundries, not the heart

FEMALE SPECIFIC RISK

• Polycystic Ovarian Disease

• Functional Hypothalamic Amenorrhea

• Adverse Pregnancy Outcomes

FEMALE PREDOMINANT RISK

- Autoimmune Inflammatory Disease:
 - Rheumatoid Arthritis
 - Systemic Lupus
 - Erythematosus
 - Scleroderma
- Breast Cancer

FEMALE SPECIFIC CV CONDITIONS

Peripartum Cardiomyopathy

MI with Nonobstructive CAD

Takusubo Cardiomyopathy

Coronary Microvascular Dysfunction & Vasospasm

HFpEF

DIFFERENCES IN TREATMENT

- Less likely to receive :
 - Risk Factor Assessment by PCP or Cardiologist
 - Guideline recommended therapy
 - Timeliness of care
 - Diagnostic & invasive therapy
 - Bystander CPR
- More likely to:
 - Have complications
 - Greater functional impairment
 - Poor awareness of Risk Factors

RECOMMENDATIONS

Increase Provider Awareness of CV Risk Factor Screening for Women

Continue to Promote Education & Awareness in the Community Setting

Improve both Diagnosis & Use of Evidenced Based Treatment

Improve Prevention & Reduce Disparities

Advance Research for Women's CV Health