



# Changing the Culture of Nursing Care: Increasing Clinical Utilization of SBIRT Amongst students in RN to BSN program

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## SBIRT at the Wayne State University

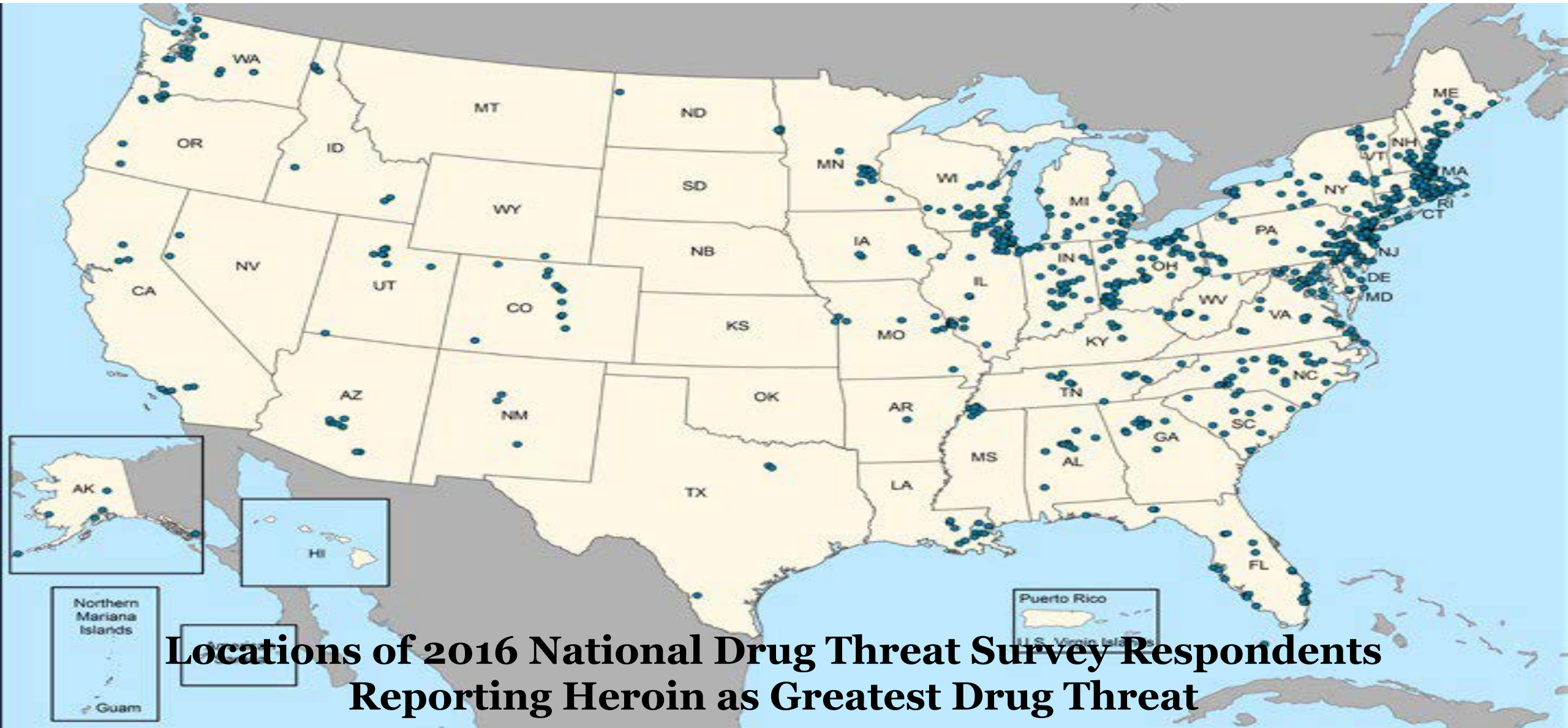
### **The 3-year project has 4 main goals →**

1. To educate Undergraduate/Graduate nursing students (Masters/ DNP) and social work students on applying SBIRT in clinical practice
2. To promote the use of SBIRT by community health centers, schools, and health care providers through community based training
3. incorporate SBIRT programs into educational curriculum courses and modify clinical learning through the application inter-professional evidence-based clinical guidelines
4. To develop a Train the Trainer model increase the number of certified trainers to expand the SBIRT initiative in the Detroit Metro Area



## Program Overview: Phase I

- We developed an IPE workgroup with colleagues from Nursing and Social Work.
  - Hired a national IRETA certified SBIRT trainer to provide the core students trainings.
  - Selected MSW, NP (initially APHN, PMHNP) students, UG nursing students (Psych and Public clinical), RN to BSN students (Health Assessment Course).
  - Students attend a 6 hour SBIRT training that includes didactic and role play.
  - Created a preceptor/ field supervisor specialty training for CEU credits.



**Locations of 2016 National Drug Threat Survey Respondents Reporting Heroin as Greatest Drug Threat**



## Facts

- Nurses are in a unique position to assess and intervene with patients about their substance use
- Nurses are a key player in ensuring inter-professional collaborative practice
- There is very little to almost no training during formative education on working with patients living with addiction
- Provider bias and attitude significantly impacts offering treatment.



## Student Trainee Differences

- RN to BSN
  - These students were all actively working in area hospitals in a variety of settings. It became evident during the initial planning and trainings that:
    - Attitudes towards substance abuse was different than other students
      - Both positive and negative
    - They felt ill prepared to deal with the patient with substance abuse under their care
    - They were in contact frequently with patients with substance addiction
    - They were willing to use the skills offered in SBIRT training in personal nursing practice.



## Overview:

### Training

- Required attendance for SBIRT Training
- Required Completion of Pre and Post Assessment

### Application

- 3 Reflective Journal Assignments
  - 1<sup>st</sup> Journal Assignment
    - Assessed knowledge gained from SBIRT Training
    - Assessed Perceived ease of implementing SBIRT in the Clinical setting
  - 2<sup>nd</sup> and 3<sup>rd</sup> Journal Assignment
    - Actual application of SBIRT in clinical setting
    - Student choose 2 different tools for implementation



# Questions???