### INCREASING NURSE-DRIVEN HEPARIN INFUSION ADMINISTRATION SAFETY: A QUALITY IMPROVEMENT INITIATIVE

Cori C. Johnson, DNP, CRNP, AGNP-C NB 516 1720 2<sup>nd</sup> Ave. S. Birmingham, AL 35294 (256) 996-1775; coricham@uab.edu Marisa Wilson, DNSc, MHSc, RN-BC, CPHIMS, FAAN NB 340 1720 2<sup>nd</sup> Ave. S. Birmingham, AL 35294 (443) 540-6947; mwilsoa@uab.edu

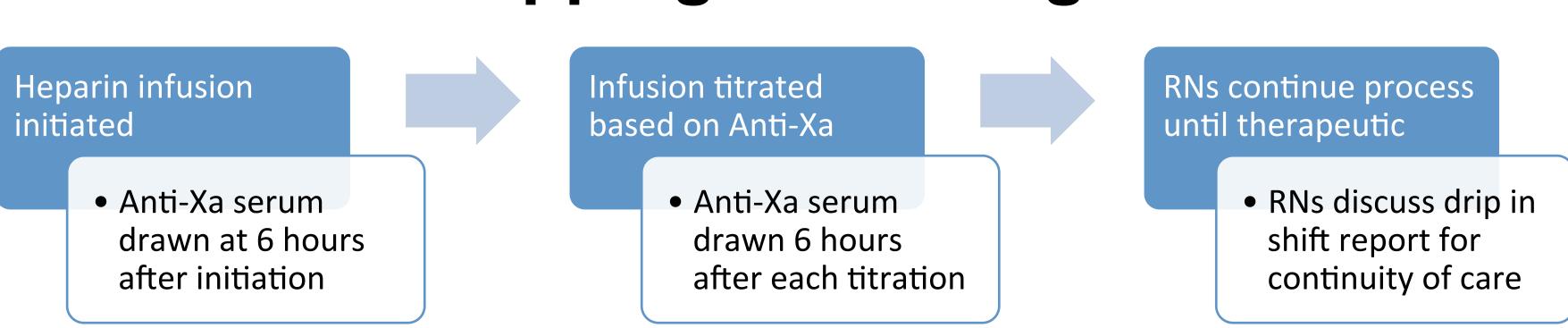
Rebecca Miltner, PhD, RN, CNL, NEA-BC NB 314 1720 2<sup>nd</sup> Ave. S. Birmingham, AL 35294 (205) 436-2252; smiltner@uab.edu

University of Alabama at Birmingham

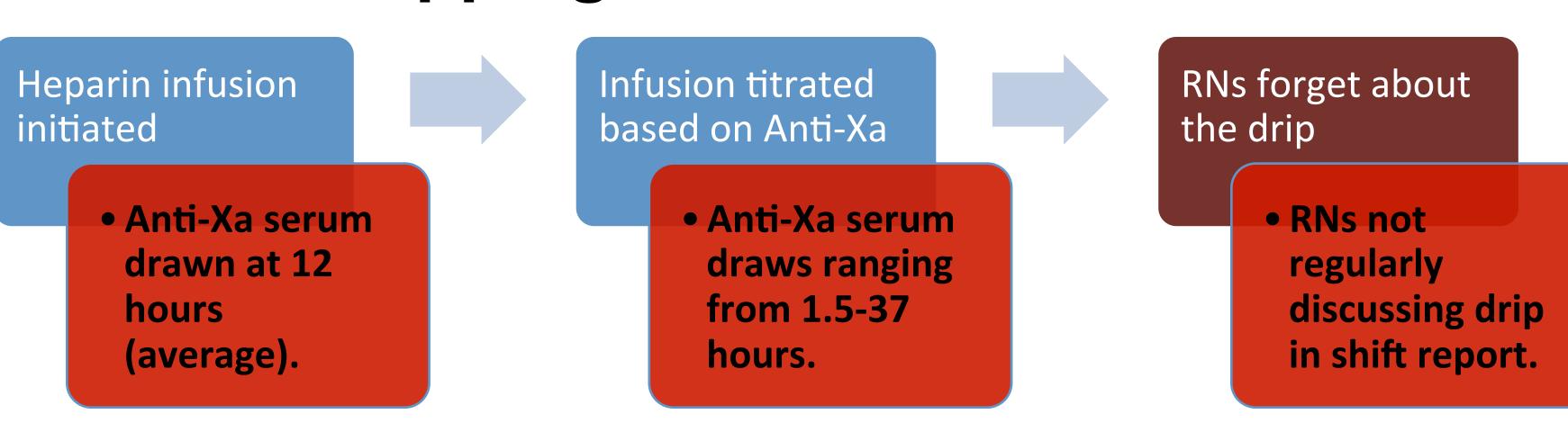
# Background

- Anticoagulants are one of the top five drug types associated with patient safety incidents in the United States.
- UAB hospital protocol requires patients on a therapeutic heparin infusion to have Anti-Xa serum lab draws every 6 hours after titration, however this is not being followed.
- The cause for this was investigated and found to be related to lack of communication during shift report and nursing memory lapse.

#### Process Mapping According to Protocol



## Process Mapping of Unit's Actual Performance



# Purpose

Improve nursing adherence to heparin protocol and increase patient safety through a toolkit of nursing aids.

- Standardized shift report tool
- 2. Transitioning shift report to the bedside
- 3. Scheduling Anti-Xa lab draw times

## Methods/Evaluation

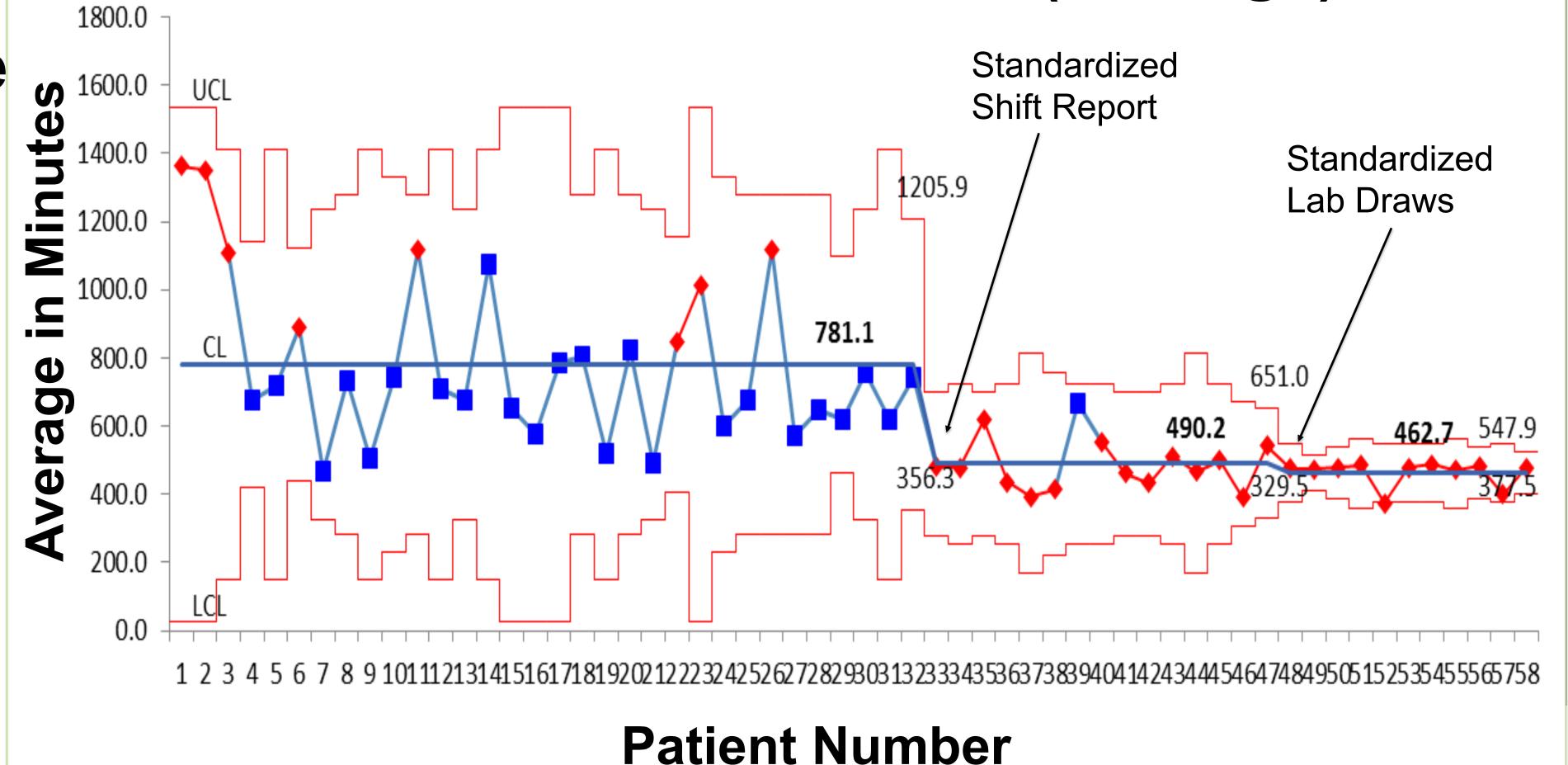
Plan: Form multi-disciplinary team. Develop standardized paper shift report tool. Determine times to schedule standardized Anti-Xa lab draw times for patients on therapeutic heparin infusions (0800, 1600, 2400).

**Do:** Implement standardized report tool for first four weeks. Then add implementation of standardized lab draw times for next 4 weeks.

**Study:** Analyze data (time between Anti-Xa lab draws) separately during each implementation. Analyzed using MS Excel with QI Macros and SPSS v. 23.

Act: Implementation of new processes hospital wide.

# Time Between Lab Draws (Average)



Using QI Macros in MS Excel, this X-bar S Chart shows baseline process was unstable. There was improvement with use of the standardized report, and a positive shift from the baseline performance when the standardized labs were implemented.

### Results

#### Baseline data:

- Average time between Anti-Xa lab draws:
   758 minutes (Range: 90- 2231 minutes)
- PDSA 1: Standardized Shift Report Tool
- Average time between Anti-Xa lab draws:
   518 minutes (Range: 101- 1360 minutes)
- PDSA 2: Standardized Scheduled Anti-Xa
  Lab Draw Times
- Average time between Anti-Xa lab draws: 464 minutes (Range: 185- 554 minutes)

#### **ANOVA:**

- The difference in the baseline and post intervention was significant (F = 25.205; p < 0.001).
- There was no significant difference in standardized shift report and standardized lab times.

## Conclusion

- Success required the implementation of several interventions.
- Standardization of shift report improved nursing monitoring of heparin infusions, suggesting more effective communication.
- Nursing memory lapse was reduced by scheduling lab monitoring times as evidenced by less variation in the times between lab draws.
- Plan to spread this standardized practice throughout UAB hospital.



Knowledge that will change your world