

Men who have Sex with Men Clinical Record Template

Mark Alan Manning, DNP

University of Washington Family Nurse Practitioner Program

Introduction

PCPs

- may have infrequent contact with MSM
- not aware of the specific needs and risk
- lack LGBTQ health training

MSM

- is a term to describe a sexual behavior
- represent about 4% of the American male population

MSM Health

- no a standardized approach to care
- often no category by sexual orientation or sexual behavior of participants in research

Information

- best health care practices are difficult to locate

↑ risk for preventable disease, but do not receive preventative services

↑ risk for anal cancer and mental health concerns

↑ risk of HIV and STI infections, especially men of color

↑ risk for tobacco, alcohol, and drug use

↑ health disparities and barriers to care

Insurance issues, homophobia, welcoming, outing, stigma, heterosexism



**No national clinical practice guideline =
No clinical record template!**

Goal

The aim of this project is to improve the quality of care for MSM. The development clinical record template (CRT) tool will allow PCPs to incorporate recent evidence of the necessary health maintenance exam needs of MSM into the well male visit.

Function

A Prompt function

Cuing for health maintenance exam questions for MSM

Risks assessment and essential exam components

Frequency and timing of appropriate screening health maintenance for MSM

A Documentation function

Facilitates effective recording of data gathered WORD based

Fill-in-the-blank (adjusted to EMR)

Adaptable to most EMRs

Adjustable to provider preferences

The Template

Goal and Aim

MSM Well Male Exam Clinical Record

Welcoming/Social

Physical Health

Diet

BMI:

Healthy diet:

Obesity:

Eating disorder:

Education

Testicular CA:

ASA:

Safety

Guns:

Seat belts:

Helmets:

Preventative Health SCREENING

Diabetes II:

Colorectal cancer screen (age 50):

AAA screen (age 65+ Hx of or current smoker):

Vital Signs (if not noted elsewhere):

HepA Vacc (all MSM should have +antibody test or vaccine):

HepB Vacc (all MSM should have +antibody test or vaccine):

HepC:

MRSA:

---PH SCREENING LABS---

Chol/Lipid:

CBC:

Fasting Glucose:

H1A1C:

Sexual Health

Do you have sex with Men: ☐ Women: ☐ Both: ☐

Erectile Dysfunction/concerns:

Discuss sexual health/counseling (monogamous relationship, multi-partner, behavior risk):

(date last tested/treated/or pt concerns)
(CDC: annual screening for MSM, 3-6 months for MSM with multiple partners)
(Swab for Chlamydia & Gonorrhea anal and/or oral if had receptive oral/anal insertion)

CDC: (Offer Antiretroviral therapy, regardless of patient's CD4 cell count)

HIV:

Chlamydia:

Gonorrhea:

Herpes Simplex:

Syphilis:

Anal Pap/HPV screen:

HPV vac:

Pre-HIV exposure (PReP medications):

Social and Mental Health

Relationship and community; support system:

Depression:

Anxiety:

Stress concerns:

Suicide concerns:

Violence domestic and community:

Child Abuse (Hx of abuse):

Living Situation:

Employment:

Habits

Tobacco

Never smoked ☐

Average number of packs/day:

Number of years smoked:

Year quit:

When are you planning to quit?

☐ now ☐ next 6 months

☐ sometime

☐ never

ETOH

Number per Day:

Week:

Month:

Year:

Never: ☐ Rarely: ☐

Marijuana

Number per Day:

Week:

Month:

Year:

Never: ☐ Rarely: ☐

Illicit Drug Use:

METH ☐ Heroin ☐ Cocaine ☐ Narcotics ☐ Other

Number per Day:

Week:

Month:

Year:

Never: ☐ Rarely: ☐

Plan:

All patients:

☐ Handout given and reinforced healthy diet, lifestyle, exercise and safety

☐ Immunizations: flu, Td (q 10 yrs)

☐ Recommended dental exam

☐ Other:

Over 40 y/o:

☐ Cholesterol

☐ Coated ASA: ☐ 325 mg/d ☐ 81 mg/d

Over 50 y/o:

☐ Coated ASA: ☐ 325 mg/d ☐ 81 mg/d

☐ Immunizations: pneumococcal (>65 y/o)

☐ Colon cancer screen: ☐ colonoscopy ☐ ACBE: ☐ flex sig ☐ stool card x 3

☐ Calcium Re: ☐ 600 mg/d ☐ 1200 mg/d

☐ PSA (discuss with PT)

How to Obtain and Customize

Obtain from:

WWW.YOURSKINYANA.COM

(located at the bottom of the introductory page)

Learn to Adjust the Template in Minutes

YouTube. How to Create Fillable Forms on Word 2011 for MAC. <https://www.youtube.com/watch?v=quZ-GJOlmcc>. Accessed February 27, 2015.

YouTube. How to Make a Fill-in-the-Blank Form With Microsoft Word 2010: Microsoft Word Doc Tips. <https://www.youtube.com/watch?v=0HHuGPNeQ7Y>. Accessed February 27, 2015.

Selected References

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10. Center for Disease Control. Final Recommendation Statement Human Immunodeficiency Virus (HIV) Infection: Screening, April 2013. <http://www.uspreventiveservicestaskforce.org/Page/Document/RecommendationStatementFinal/human-immunodeficiency-virus-hiv-infection-screening#consider>.

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