

"But I live in poverty" ... Bridging the Gap of Type 2 Diabetes Care

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SECTION 1

Identify Poverty and Locations

- Poverty level: less than \$23,492 for family of four
 - Deep poverty: income 50% or more below the poverty level
- Deep poverty located most in South and Midwest

Describe Effects of Poverty on Type 2 Diabetes

- Areas of food insecurity & food deserts: choose junk foods
- Creates cycle of craving for high fat, high carbohydrate foods

Obesity and Type 2 Diabetes Result



SECTION 2

Bridging the Gap for Better Type 2 Diabetes Management

- Include food resources and other community services with diabetes education
 - Network with ancillary health care providers
 - Seek grant funding to expand education
- Communicate with legislators about needed policy changes

Examples

- Teach "eating well on a limited income"



For about \$20, you could buy...

X

OR

© SPARKPEOPLE

Immersion Experiences

- Homeless Connect
- Students in community settings (undergraduate-doctoral levels)

Interprofessional Education Promotora Concept

- Train community health aides
- Mexican Americans over twice as likely to have diabetes

Faith-Based Medical Care

- Volunteer staff
- Provides prescription drug assistance, food banks and other resources

Missions within United States

- Remote Area Medical (RAM)
- Example: www.youtube.com

Remote Area Medical Serves a Rural Virginia Community (by Lucian Perkins, 6 minutes, 25 seconds)

SUMMARY

Change the Mindset!

- Opportunity is nowhere to....
- Opportunity is now here.

Expected Outcomes

- Reduce disparities of diabetes care
- Improve clinical outcomes



Questions? Thank you!

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