Factors associated with Heart failure readmissions from Skilled Nursing Facilities
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Introduction

- Heart Failure affects approximately 5 million Americans is characterized by progressive clinical deterioration and frequent hospitalizations
- Estimated cost for direct care in individuals with heart failure by 2030 totaled 53 billion dollars
- Increased re-admissions found in older adults discharged to Skilled Nursing facilities (27% versus 23% within 30 days)

Methods

- A retro prospective data of individuals, 65 years or older re-admitted from Skilled Nursing Facilities
- The electronic medical records reviewed during the period of April 2014 until May 2012
- Descriptive statistics utilized to evaluate the demographic data and emerging themes categorized from the qualitative data retrieved.

Costs

- Average cost of admission for all categories combined, the mean cost per visit was $8,184

Limitations

- Quantitative design limited the exploration of findings
- Study tool limitations, sample size/bias and unequal representation of subgroups within the sample

Conclusion

- Heart failure is an exciting field. This retro prospective study adds to the available evidence that may further delineate the factors leading to the revolving door of re-admissions.
- A systematic review and study of factors associated with heart failure readmissions from the SNF impact the numerous individuals identified as being at risk for heart failure re-admissions.
- Early identification of predictors may

Results

- Percentage of women studied were 60% and men studied were 40%
- Mean age of population studied was 82%
- Of the 70 population studied, 10 readmitted
- Average length of stay was 11 days.
- Percentage of patient readmitted within 30 days due to CKD was 70%
- Percentage of patients admitted within 30 days due to dyspnea was 80%
- Significant factors contributing to re-

Objectives

- Heidenreich et al.